Conserved microRNA miR-8 controls body size in response to steroid signaling in *Drosophila*

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Conserved microRNA miR-8 controls body size in response to ecdysone signaling in Drosophila

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Body size determination is a process that is tightly linked with developmental maturation. Ecdysone, an insect maturation hormone, contributes to this process by antagonizing insulin signaling and thereby suppressing juvenile growth. Here, we report that the microRNA miR-8 and its target, u-shaped (USH), a conserved microRNA/target axis that regulates insulin signaling, are critical for ecdysone-induced body size determination in Drosophila. We found that the miR-8 level is reduced in response to ecdysone, while the USH level is up-regulated reciprocally, and that miR-8 is transcriptionally repressed by ecdysone’s early response genes. Furthermore, modulating the miR-8 level correlative changes the fly body size; either overexpression or deletion of miR-8 abrogates ecdysone-induced growth control. Consistently, perturbation of USH impedes ecdysone’s effect on body growth. Thus, miR-8 acts as a molecular rheostat that tunes organismal growth in response to a developmental maturation signal.

Supplemental material is available for this article.

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One of the most interesting yet still largely unresolved biological questions is how an animal achieves its final body size. Animal growth is not a continuous process. Exponential growth occurs in the juvenile period, and when sexual maturation is completed, growth stops, and the body size is virtually fixed (Edgar 2006; Mirth and Riddiford 2007). Insulin signaling is the key effector pathway in organismal growth, sensing and transducing organismal energy conditions to promote growth (Ikeya et al. 2002; Ruhlison et al. 2002; Demontis and Perrimon 2009). Development from larva to puparium in Drosophila is thought to have intriguing parallels to mammalian development from adolescence to adulthood (McBrayer et al. 2007; Rewitz et al. 2010; Tennessen and Thummel 2011). Several studies in Drosophila have revealed that spatio-temporal regulation of insulin signaling during the larval stage is important for proper development and timing of pupariation, suggesting that dynamic and elaborate regulation of larval insulin signaling is important for the coordination of juvenile growth and maturation (Brogiolo et al. 2001; Shingleton et al. 2005; Walkiewicz and Stern 2009). Interestingly, ecdysone, the key steroid hormone directing metamorphosis and maturation in insects, impedes insulin signaling and organismal growth in Drosophila larvae and thus may contribute to the coordination between growth and maturation (Caldwell et al. 2005; Colombani et al. 2005; Mirth et al. 2005; Delanoue et al. 2010). However, the mechanism by which ecdysone controls insulin signaling remains unknown.

MicroRNAs [miRNAs] are ~22-nucleotide [nt] non-coding RNAs that act as post-transcriptional repressors by base-pairing to the 3′ untranslated region [UTR] of their target mRNAs [Brennecke et al. 2005; Bartel 2009]. In contrast to transcription factors, many miRNAs have been proposed to function as fine-tuners, rather than on-off switches for the target gene expression. Nonetheless, as miRNAs modulate a large number of target genes, they can play integral roles in organismal physiology, such as maintaining homeostasis or ensuring robust development, by counteracting environmental fluctuations/stresses (Karres et al. 2007; Flynt and Lai 2008; Li et al. 2009; Hilgers et al. 2010; Staton et al. 2011).

We previously showed that a conserved miRNA, miR-8, promotes insulin signaling and body growth by targeting a conserved gene, u-shaped [ush], in flies [Hyun et al. 2009]. We further found that its human orthologs [the miR-200 family of miRNAs] play equivalent roles by targeting Friend of CATA 2 [FOG2], a human homolog of ush [Hyun et al. 2009]. In the present study, we report that this conserved miRNA/target axis is controlled by ecdysone in Drosophila, thereby providing a link between steroid signaling and insulin signaling.

Results and Discussion

While investigating upstream factors that regulate the expression of miR-8, we came across several reports showing that the miR-8 level is reduced in the prepupa/pupa stage of Drosophila development (Aravin el al. 2003; Sempere et al. 2003). Because ecdysone signaling is activated on pupal development, these data raise the possibility that miR-8 expression may be regulated by ecdysone. We also noticed from our own experiments that the miR-8 level correlates inversely with those of ecdysone response genes during larval development (Fig. 1A). Close examination of the temporal expression pattern revealed that miR-8 is elevated in the late embryo/first larval instar (10–24 h after egg laying [AEL]), followed by a gradual decrease (Fig. 1A,B), which is similar to a previous observation (Aravin et al. 2003). Notably, the levels of E74 and Broad Complex [BR-C], the early response genes of ecdysone signaling (Thummel 1996), start to increase after the late embryo/first larval instar (Fig. 1A), and as the expressions of these genes gradually increase during the third larval instar, the level of pri-miR-8 decreases correlativelly (Supplemental Fig. 1). Consistent with the changes in miR-8, the miR-8 target mRNA ush decreased in the late embryo/first larval instar and gradually increased until the third larval instar (Fig. 1C). These data raised a possibility that miR-8 and USH may be temporally and reciprocally modulated by ecdysone signaling during larval development, where most of the organismal growth occurs (Edgar 2006).
Figure 1. Regulation of miR-8 and USH by ecdysone signaling in vivo and in vitro. (A, top) Temporal expression pattern of miR-8 during larval development. (Bottom) Temporal expression patterns of E74 and BR-C during larval development. Harvesting times (AEL) are denoted above the blot. (B) Temporal expressions of miR-8 from two independent experiments are individually plotted as blue and red lines. (C) Temporal expression of ush transcripts from two independent experiments are individually plotted as blue and red lines. (D) Feeding with 20-hydroxyecdysone (20E) decreases the level of miR-8 in the whole larvae. Newly hatched larvae were fed 20E-containing [0.25 mg/mL] glucose–yeast paste until 3 d AEL, after which RNA was prepared. (E) Inhibition of EcR activity by expressing EcRDN in larval fat bodies increases miR-8 levels sustainably during the third instar larval period. Two biological replicates (six to nine animals per replicate) were measured. (F) EcR expression in larval fat bodies significantly decreases USH transcripts during the third instar larval period. Immunostaining with USH antibody. (G) CD2; white arrows) show decreased levels of USH, as analyzed by quantitative PCR. The level of primary transcripts from two independent experiments are individually plotted as blue and red lines. (H) Temporal expression pattern of miR-8 from 20E-fed insects. (I) Luciferase Assay. ROH; E74; BR-C. Knockdown of each gene individually and together with EcR RNAi (Fig. 1J). Together, these results indicate that EcR signaling regulates miR-8 and its target, USH, in vivo.

Drosophila S2 cells endogenously express miR-8 (Sempere et al. 2003). Like in larvae fed with 20E, we found that 20E treatment decreased the level of miR-8 in S2 cells (Fig. 1H, Supplemental Fig. 2). The level of primary transcript [pri-miR-8] also decreased in response to 20E (Fig. 1H), suggesting that the hormone may control miR-8 at the transcriptional level. Consistently, the analysis of the promoter region of pri-miR-8 by using the P-Match and Match programs (Chekmenev et al. 2005) predicted numerous binding sites for transcription factors such as E74 and BR-C (Supplemental Fig. 3). E74 and BR-C are transcription factors that are rapidly induced by ecdysone and mediate the third instar larval and pupal development (Thummel 1996). To test whether these components of the ecdysone signaling pathway are involved in miR-8 regulation, we knocked down each of these genes in S2 cells. Knockdown of EcR by RNAi largely abrogated the suppressive effect of 20E on pri-miR-8 production (Fig. 1I). Knockdown of E74 or BR-C similarly interfered with the suppressive effect of 20E, although to a lesser extent than EcR RNAi (Fig. 1I). To directly monitor the promoter activity of pri-miR-8, we generated two reporters harboring different genomic DNA fragments upstream of the miR-8 locus. One reporter contains the region between the end of an upstream gene (CG34460) and the point where transcribed fragments of pri-miR-8 begin to appear [according to Affy Signal], as described in the University of California at Santa Cruz Genome Browser [http://genome.ucsc.edu] [pGL3 PR1-miR-8]; another reporter contains a more extended region between the end of the upstream gene and the beginning of the mature miR-8 sequences [pGL3 PR2-miR-8] (Supplemental Fig. 4). The luciferase expressions from these reporters were significantly and specifically down-regulated by 20E treatment, indicating that 20E indeed controls the transcription of pri-miR-8 (Fig. 1I). Note that the expression of the pGL3 PR2-miR-8 reporter was not only higher, but also more sensitive to 20E treatment than that of pGL3 PR1-miR-8, indicating that the ele-
ments required for 20E-mediated miR-8 suppression are broadly distributed over the intergenic region between miR-8 and its upstream gene. Because >20 sites were predicted to bind to E74 and BR-C, it was difficult to validate each site by site-directed mutagenesis. However, mutations of the first two predicted binding sites for E74 in the pGL3 PR1-miR-8 reporter partially, but significantly, alleviated the repressive effects of 20E, indicating that the predicted sites may at least partially mediate EcR signaling (Supplemental Fig. 5).

To test the possibility that ecdysone controls body growth through modulation of miR-8, we first confirmed whether modulation of the miR-8 level could modify final body size. We combined the miR-8 enhancer trap GAL4 (mir-8G4) with the miR-8-null allele (mir-8<sup>−/−</sup>), wild-type allele (+), or UAS-miR-8 (UAS-mir-8) to generate flies expressing low, intermediate, or high levels of miR-8 (Fig. 2A). The pupal size increased as a function of miR-8; the higher the miR-8 level, the bigger the pupa, demonstrating that the miR-8 concentration indeed affects the final body size.

Feeding 20E to wild-type larvae decreased the endogenous level of miR-8 and also reduced fly body size as previously reported (Figs. 1D, 2B, 4A [see below]; Delanoue et al. 2010). We examined whether overexpression of miR-8 could retard the growth-suppressive effects of 20E feeding. Overexpression of miR-8 in larval tissues expressing endogenous miR-8 led to an increase in final pupal size (Fig. 2B). Importantly, feeding 20E to larvae overexpressing miR-8 did not substantially reduce final pupal size (Fig. 2B), indicating that excessive amounts of miR-8 make flies both bigger and resistant to ecdysone-mediated control of larval growth. We then investigated the effects of miR-8 deficiency on ecdysone-mediated growth control. We attenuated ecdysone signaling by RNAi against EcR (Fig. 3A). Reduction of the EcR activity in larvae is known to increase the final pupal size by accelerating larval growth (Colombani et al. 2005; Delanoue et al. 2010). Consistent with previous reports, ubiquitous knockdown of EcR by expressing dsRNA targeting EcR using armadillo GAL4 (armG4) increases final pupal size. This effect is abrogated when miR-8 is removed. Knockdown experiment in the wild type or miR-8 mutant was independently performed, so the size was separately normalized in each genetic background. Approximately 25 pupae per genotype were measured. (B) Expression of EcRDN in fat bodies with Cg GAL4 (CgG4) increases final pupal size, the effect of which is abrogated when miR-8 is removed. Approximately 20 pupae per genotype were measured. (C) Expression of EcRDN in fat bodies increases final adult mass, and this genetic manipulation does not increase the final adult mass in the absence of miR-8. More than 33 flies per genotype were measured. (D) Re-expression of miR-8 in the fat body rescues the small body phenotype of the miR-8 mutant in which EcR is inhibited. Approximately 24 pupae per genotype were measured. (E) Expression of EcRDN in the mid-third instar larva (~98 h AEL) increases the level of phospho-Akt, while this effect on Akt is abolished when miR-8 is removed. (F) Expression of EcRDN in the fat bodies of the mid-third instar larva (~98 h AEL) decreases the transcript levels of Inr and step, the target genes of dFOXO, while these effects are abolished when miR-8 is removed. Four biological replicates [six to nine animals from each genotype per replicate] were measured. (#) P < 2 × 10<sup>−5</sup> compared with respective controls. Error bars denote SEM.
introduced EcRDN in the fat body by using Cg GAL4. As expected, the pupal volume of wild-type animals increased when EcRDN was expressed [Fig. 3B]. Importantly, however, EcRDN failed to increase the size of miR-8-null animals [Fig. 3B]. We found that, like pupal volume, the weight of wild-type adult flies was also elevated by fat-body-specific expression of EcRDN, while the miR-8 mutant flies did not respond to the EcR inhibition [Fig. 3C]. It is noted that although the expression of EcRDN by Cg GAL4 caused some pharate lethality in the pupal case (Delanoue et al. 2010), a significant number of adult flies could still be obtained in our experimental condition, allowing the measurement of adult size. Moreover, we found that re-expression of miR-8 in the fat body rescued the small body phenotype of the miR-8 mutant in which the fat body EcR was inhibited, implying that the increase of body size by EcR inhibition may be mediated by miR-8 in the fat body [Fig. 3D]. It was previously shown that the timing of puparium formation is not significantly affected by knockdown of EcR in the whole body or in the fat body (Colombani et al. 2005; Delanoue et al. 2010). Consistently, we observed that both EcR RNAi in the whole body or EcRDN expression in the fat body affected pupariation time by only ~4 h [Supplemental Fig. 6]. Considering that the total developmental time from embryo to puparium is ~120 h, it is likely that the increase in final animal size is mainly due to an increase of growth rate, rather than an extension of the growth period.

Because we and others have previously shown that the insulin/PI3 kinase pathway in the fat body plays an important part in body size determination (Britton et al. 2002; DiAngelo et al. 2009; Hyun et al. 2009), we next questioned how insulin signaling is affected by ecdysone signaling in the absence of miR-8. In wild-type larval fat bodies, overexpression of EcRDN derepressed insulin signaling, as indicated by the up-regulation of phosphorylated Akt, a key factor that acts downstream from PI3 kinase [Fig. 3E]. In contrast, EcRDN expression failed to increase phospho-Akt in the fat bodies of miR-8-null animals, indicating that miR-8 is critical for the communication between ecdysone signaling and insulin signaling [Fig. 3E]. We also examined the activity of dFOXO, the downstream transcription factor repressed by insulin signaling, by monitoring its target genes, Insulin receptor (Inr) and steppekake (step) (Puig and Tian 2005; Fuss et al. 2006). As expected, in wild-type fat bodies, the Inr and step mRNA levels were down-regulated following EcRDN expression, while remaining unaltered in the fat bodies of miR-8-null larva [Fig. 3F]. This result shows that the inhibition of EcR activity can activate insulin signaling only in the presence of miR-8. The Inr and step levels were higher in miR-8-null larva than those in wild-type animals [Fig. 3F] due to positive regulation of insulin signaling by miR-8 [Hyun et al. 2009]. Leopold and colleagues (Delanoue et al. 2010) recently showed that knockdown of EcR increased the dMyc transcript level in larval fat bodies, thereby promoting organisal growth. Unexpectedly, under our experimental condition, EcRDN affected dMyc expression only marginally in larval fat bodies [Supplemental Fig. 7]. This discrepancy may be relevant to the previous finding that two inactivation methods [EcRDN expression and EcR RNAi] may exert partially distinct downstream effects in certain conditions (Mirth et al. 2009). Thus, EcRDN expression and EcR RNAi may promote larval growth by related but slightly distinct mechanisms, both of which require miR-8 [Fig. 3A,B].

Since USH functions downstream from miR-8 (Hyun et al. 2009), and the level of USH is increased by EcR [Fig. 1E,F], we examined whether modulation of USH expression could divert the ecdysone-mediated growth control. Because the loss of ush is lethal, we instead attenuated USH by using heterozygotes for the USH-null allele (ush<sup>W22</sup>) (Cubadda et al. 1997). Indeed, heterozygosity for the USH-null allele conferred a significant resistance to the growth-suppressive effects of 20E feeding [Fig. 4A]. These data suggest that the regulation of USH by ecdysone signaling plays a role in ecdysone-mediated growth control. Finally, we examined whether overexpression of USH could suppress the growth-promoting effect of EcR inhibition. While attenuation of EcR in the tissues endogenously expressing USH increased the final adult size, overexpression of USH in the same tissue mitigated the increase of adult weight [Fig. 4B]. These body size responses measured in adult flies were also observed in pupae (Supplemental Fig. 8). Note that the effects of USH modulation are milder than those of miR-8 modulation (cf. Figs. 2 and 4). This suggests that additional targets of miR-8 may partially contribute to ecdysone-mediated growth control.

In conclusion, our study reveals the mechanism by which ecdysone suppresses insulin signaling and thereby decelerates larval growth. During larval development, ecdysone regulates the levels of miR-8 and its target, USH, a PI3 kinase inhibitor, through the EcR downstream pathway, and quantitative regulation of miR-8 by ecdysone leads to determining the final fly size. Since the ecdysone level is low during the larval stage not engaged in the molting process, a mild response of miR-8 increase by EcR inhibition in this stage would be expected [Fig. 1E]. Notably, however, we found that this increase in miR-8 level by EcRDN is constantly sustained throughout the third instar larval stage, which is the period of exponential growth. Interestingly, among early response genes of EcR signaling, E74 and BR-C are also persistently expressed during this period [Fig. 1A, Thummel 1996], these gene products repress miR-8 expression at the transcriptional level [Fig. 1I], Supplemental Fig. 5]. Thus, throughout the

**Figure 4.** Perturbation of USH expression impedes ecdysone-mediated growth regulation. (A) Heterozygous mutants of USH (ush<sup>W22</sup>+/+) show significant resistance to the growth-suppressive effect of 20E feeding [0.3 mg/mL]. The flies indicated as CgUt-gfp/+ or ush<sup>W22</sup>/+ are siblings generated from the same parents and reared in the same vial. Relative expression folds by 20E feedings are compared between the genotypes indicated. Approximately 44 pupae per genotype were measured. (**P < 0.01; (*) P < 0.05) compared with respective controls. Error bars denote SEM.
third instar larval period, EcR downstream signaling keeps miR-8 (and, concomitantly, insulin signaling) under control (Fig. 5). Because the duration of this regulation lasts several days, the effect of miR-8 modulation accumulates and manifests a significant impact on final body size (Fig. 5). This cumulative effect accounts for the effect of edcsyne signaling on body size despite only modest changes in the miR-8 level. When EcR signaling was hampered throughout the larval stage, leading to a sustained increase of miR-8, the final body size became noticeably bigger (Figs. 1E, 3B,C).

This function of miR-8 in shaping body size provides a novel example in which an animal uses the inherent ability of miRNAs in fine-tuning target gene expression. Previously, several studies have shown that such a strategy has been used with miRNAs in diverse biological contexts. Specific examples include maintaining the optimal level of miRNA target proteins, which is critical for organismal survival, and setting the thresholds of target gene activity to prevent inappropriate development (Li et al. 2006; Karres et al. 2007; Flynt and Lai 2008). Our data show the application of this type of strategy in a continuous process of organismal growth. By tuning the activity of insulin signaling, miRNAs could regulate organismal growth and ensure the attainment of appropriate body size (Fig. 5). It is currently unclear whether similar regulatory mechanisms exist in other organisms. However, in humans and rodents, the miR-200 family of miRNAs are predominantly expressed in organs such as the pituitary, thyroid, testes, ovary, and breast, most of which are major target organs of steroid hormones (Landgraf et al. 2007). Moreover, the miR-200 family of miRNAs are significantly down-regulated by the estrogen hormone in breast cancer cells and uterus tissues (Maillo et al. 2009; Yamagata et al. 2009; Nothnick and Healy 2010), suggesting that the miR-200 family may also be controlled by steroids in mammals. It would be interesting to investigate whether a comparable regulatory axis of steroid hormone/miR-200/insulin signaling is conserved across metazoan evolution.

**Materials and methods**

**Flies, measurement of fly size, and edcsyne treatment**

UAS-EcRDN (EcRDN<sup>Wts1/A1</sup>) and armadillo [armGal4] were from the Bloomington *Drosophila* Stock Center. UAS-EcR RNAi was from Vienna RNAi Library Center. The Cg Gal4, mir-8<sup>DS</sup>, UAS-mir-8, mir-8 Gal4, ush<sup>1E, 3B,C</sup>, ush<sup>1E</sup> Gal4, UAS-ush, and Act>CD2-Gal4 flies are described elsewhere (Karres et al. 2007; Hyun et al. 2009). To measure body size, groups of three female adults newly enclosed for not more than 5 h were weighed. All flies were ice-anesthetized before weight measurement. Pupae at 6 d AEL were photographed, and cross-sectional areas were measured by Adobe Photoshop. Measured values were multiplied by the power of 3/2 to transform area to volume, calculating relative pupal volume (SV). SV was purchased from Sigma and dissolved in ethanol at 10 mg/mL as a stock. A paste was made by mixing autoclaved yeast with 20% glucose and 20E solutions to obtain the final concentration of 0.3 mg/mL. This was fed to the second instar larvae (2 d AEL) except as otherwise indicated. S2 cells were maintained in HyQ SFX-INSECT medium [Hyclone] containing 10% fetal bovine serum [FBS] at 25°C. S2 cells grown in 6-cm dishes were treated with 10 μM 20E or an equal volume of EtOH and harvested for miRNA Northern blotting and quantitative RT-PCR at six different time points.

Other information on Materials and Methods is described in the Supplemental Material.

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